FITNESS ROUTES

2 mi/3.22 km: Start at west side of Rockne Memorial and finish at Pangborn parking lot (on one mile to Bula Rd)

3 mi/4.84 km: Start at intersection of lakes and finish at intersection

1.5 mi/2.41 km: Start and finish at west side of Rockne Memorial

1.3 mi/2.09 km: Start at Main Building and finish at Main Building

0.8 mi/1.28 km: Start at Gate 2 of Joyce Center, proceed through campus to island of St. Mary’s Lake

5 mi/8.00 km: Start at Hesburgh Library and finish at intersection of lakes

3.8 mi/6.09 km: Start at Rockne Memorial, follow campus perimeter, and end at Rockne Memorial

8 mi/12.8 km: Start at Rockne Memorial and circle around South Quad

5 mi/8.00 km: Circle around Notre Dame stadium

2.2 mi/3.54 km: Start at Rolfs Sports Recreation Center and circle around to the East

1.4 mi/2.25 km: Start at Rolfs Sports Recreation Center and circle around to the West

WALKING INFORMATION

0.3 mi/0.48 km: West Gate to South Dining Hall

0.3 mi/0.48 km: Library parking fence to South Dining Hall

0.9 mi/1.50 km: Around St. Joseph Lake

0.8 mi/1.28 km: Around St. Mary’s Lake