

# Intramural Sports Schedule

## Fall 2014

### Leagues

**All Campus (AC)**=Any Notre Dame undergraduate student, graduate student or faculty/staff member may play in an open, men's or women's league.

**CoRec (CR)**= Any Notre Dame undergraduate student, graduate student or faculty/staff member may play and a certain number of men and women are required.

**Interhall (IH)**= Full time undergraduate students may play for the hall they reside in and off campus students may play for their former team. All members must be approved by the rector.

**Grad/Fac/Staff (GFS)**= Any Notre Dame graduate student, faculty or staff member may compete in the GFS division.

### Divisions

**M**=Men's

**W**=Women's

**O**=Open (No M/W gender restrictions, players from either gender may compete on a team)

Sport	League	Online Registration*	Captains Meeting	Play Begins/ Event Date	Fee
Tug Of War	IH (M & W)	Aug. 27-28	Aug. 28	Aug. 28	Free
Baseball	IH (M)	Sept. 1-2	Sept. 4	Sept. 7	\$55.00
Sand Volleyball	CR	Sept. 1-2	Sept. 4	Sept. 7	\$25.00
Tackle Football***	IH (M)	Sept. 1-2	Sept. 4	Sept. 21	\$100.00
Tennis Singles	All Campus (M & W)	Sept. 1-2	Sept. 4	Sept. 8	\$10.00
Battleship	CR	Sept. 8-9	Sept. 11	Sept. 14	\$20.00
7 vs. 7 Indoor Soccer	CR	Sept. 8-9	Sept. 11	Sept. 14	\$55.00
Badminton SInglesTournament	All Campus (O)	Sept. 8-9	Sept. 11	Sept. 21	\$5.00
Flag Football	IH (W), CR, All Campus (M)	Sept. 8-9	Sept. 11	Sept. 21	\$55.00
Four-Person Golf Scramble	GFS, IH (M & W)	Sept. 8-9	Sept. 11	TBD	\$100.00
Ind. Cross Country	GFS (M & W)	Sept. 8-9	Sept. 11	Sept. 14	\$5.00
Team Cross Country	IH (M & W)	Sept. 8-9	Sept. 11	Sept. 14	\$25.00
Broomball	CR	Sept. 29 - 30	Oct. 2	Oct. 6	\$100.00

Racquetball Singles	IH (M & W), GFS (O)	Sept. 29 - 30	Oct. 2	Oct. 5	\$5.00
Volleyball	IH (M &W), CR	Sept. 29 - 30	Oct. 2	Oct. 6	\$25.00
Dodgeball	IH (M & W) GFS (O)	Sept. 29 - 30	Oct. 2	Oct. 5	\$20.00
Basketball	CR, IH ( M &W), GFS (M)	Dec. 1 - 2	Dec. 4	Jan. 18	\$55.00
Ice Hockey****	IH (M)	Dec. 1 - 2	Dec. 4	Jan. 14	\$425.00
Indoor Soccer	All Campus (M & W)	Dec. 1 - 2	Dec. 4	Jan. 18	\$50.00

\*Online Registration through IMLeagues.com

\*\*Signed Entry Form for Interhall Sports or Payment for AC, CR, GFS Sports Due Wednesdays after registration.

\*\*\*Interhall Men's Football has a \$30 per player fee to cover equipment expenses

\*\*\*\*Interhall Ice Hockey has approximately a \$40 per player USA Hockey Fee. The USA Hockey registration number must be provided to RecSports before players first game.

### Spring 2015 Registration

Sport	League	Registration*	Captains Meeting	Play Begins/ Event Date	Fee
4 vs. 4 Flag Football	All Campus (M & W)	Jan. 19-20	Jan. 22	Jan. 28	\$25
Bowling	IH (M & W), GFS (O)	Jan. 19-20	Jan. 22	Jan. 26	\$40
Team Racquetball	IH (M & W)	Jan. 19-20	Jan. 22	Jan. 25	\$10
Wiffle Ball	CR	Jan. 19-20	Jan. 22	Jan. 26	\$25
Badminton Doubles Tournament	All Campus (O)	Feb. 23-24	Feb. 26	Mar. 1	\$10
Curling	CR	Feb. 23-24	Feb. 26	Mar. 16	\$100
Floor Hockey	All Campus (O)	Feb. 23-24	Feb. 26	Mar. 16	\$55
Lacrosse	IH (M & W)	Feb. 23-24	Feb. 26	Mar. 16	\$75
Softball	All Campus (O)	Feb. 23-24	Feb. 26	Mar. 16	\$55
Soccer	IH (M & W), GFS (O)	Feb. 23-24	Feb. 26	Mar. 16	\$55
Team Table Tennis	IH (M & W)	Mar. 16-17	Mar. 19	Mar. 22	\$20
Team Tennis	IH (M & W)	Mar. 16-17	Mar. 19	Mar. 22	\$20
Ultimate Disc	All Campus (O)	Mar. 16-17	Mar. 19	Mar. 22	\$20

## **RECREATIONAL SPORTS**

Recreational Sports is a program designed to meet the needs and interests of your hall residents in a wide range of physical, instructional and recreational pursuits. The program offers competitive individual and team sports, fitness, instruction, social/leisure and informal play activities. Our programs are open to students of all skill levels and at any plane of experience. The RecSports Office administers nearly two hundred activities throughout the year.

The University administration and the Division of Student Affairs have had long-time commitments to the development of the total student. RecSports has grown steadily in the quantity and quality of offerings and has a commitment to serve the residents of your living unit and you as the Athletic Commissioner. We, the RecSports staff, hope that the information contained within this handbook will assist you in your efforts. Should you have questions or suggestions, our staff will be happy to meet with you or your residents at any time.

## **PROGRAMS**

**Intramural Sports** is the competitive component to our sports program. "Interhall" competition is for undergraduates members who live in the same hall or meet the eligibility requirements as specified in the Intramural Policies. All Interhall RecSports champion points will be tabulated for each hall and a champion will be crowned at the close of the spring semester. Off Campus teams are not eligible for the all Interhall RecSports champion. If a team cannot be fielded in a particular sport, individuals may petition RecSports to play with another living unit. Some competition is "All Campus" in which case there are no residency requirements and participants may be undergraduates, graduate students, or faculty and staff. Some competition is offered on a CoRec basis with rosters requiring both men and women. Policies and procedures are outlined in the Policy Handbook.

**Outdoor Recreation** provides Notre Dame students and staff opportunities to explore camping, skiing and hiking through planned trips. Students may rent camping gear such as tents and sleeping bags at the RSRC.

**Special Events** such as Biathlon, The Domer Run, Shamrock Challenge and Sports Fest are fun ways for RecSports and Notre Dame Students and staff to make a difference in our community.

**Club Sports** provides for the Notre Dame student to participate in a variety of different sport related activities. The individual Sports Clubs fall into one of two categories, competitive and recreational. The competitive clubs typically compete against Midwest colleges and university teams. The level of competition varies for each club and generally falls somewhere between varsity and intramural play. The recreational clubs offer students opportunities to develop skills and knowledge in various recreational settings. All clubs offer opportunities in multiple levels of experience. The beginner as well as the experienced participant is welcome. Clubs are organized and administered by students, elected by their membership. Each club has an advisor who provides counseling and guidance for the clubs.

**Fitness, Instructional, and Personal Training Programs** offer a variety of options to help you stay active throughout the semester. Available classes include such options as cardio (Zumba, Indoor Cycling, Cardio Box, etc.), mind/body (Yoga and Pilates), and toning (Body Sculpt, Crunch Time, Flex n Tone, etc.). Looking for some new workout ideas? RecSports has a team of experienced and enthusiastic personal trainers who are ready to design a program that meets your specific needs and goals! If you like the idea of exercising with a friend check out our Small Group Training program. There are three package options available. Registration packets can be downloaded from our website. All training sessions take place in the privacy of our Personal Training Studio located in Rockne Memorial. If you enjoy working out in the RSRC fitness room but want to avoid the

crowds, check out the RSRC Fitness Room participant usage graphs. New to the instructional program are several sports conditioning classes offered throughout the year.

## **STAFF**

The Office of Recreational Sports has both professional and student staff to assist you in making RecSports activities a positive experience. Our staff is also available to offer suggestions, provide rules, help you schedule, and to make equipment or facilities available for hall activities. Should you or any participant have questions, or need any information, the intramural Intern is the initial contact. If you have general questions or problems, call our Senior Staff Assistant and you will be in touch with someone with the information you need.

**Department Email Address** \_\_\_\_\_ recsport@nd.edu  
**Intramural Sports Email** \_\_\_\_\_ imsports@nd.edu  
**Department Website** \_\_\_\_\_ recsports.nd.edu

### **Additional Telephone Numbers You May Have Occasion to Call:**

Compton Family Ice Arena	_____	631-5247
Eck Tennis Pavilion	_____	631-6929
Loftus Reservations	_____	631-6192
Loftus Sports Facility	_____	631-5020
Notre Dame Golf Course (9-hole)	_____	631-6425
Riehle Field & Volleyball Reservations	_____	631-6192
Rockne Memorial Building	_____	631-6321
Rolfs Aquatic Center	_____	631-5983
Rolfs Sports Recreation Center	_____	631-3068
Stepan Center Reservations	_____	631-7308
Warren Golf Course	_____	631-4653

## **THINGS RECSPORTS CAN DO FOR YOU**

- Offer nearly two hundred programs annually.
- Provide you with flyers and electronic announcements of all RecSports events.
- Provide you with rules, policies, and procedures.
- Answer any questions or concerns regarding recreational sports or recreation facilities.
- Lend you many kinds of athletic equipment.
- Help you develop your own tournaments, leagues, runs, etc.
- Provide copies of schedules, leagues and tournament information.
- Offer you numerous opportunities to learn new sports.
- Advise you and your hall about exercise equipment purchases, health & fitness topics.

### **RecSports Mission Statement:**

"To serve the Notre Dame community by enhancing the mind, body and spirit through recreational sports"

## **FALL SPECIAL EVENT DATES**

**Biathlon:** Sunday, August 31

**Domer Run:** Saturday, September 20

**NIRSA Shamrock Classic Flag Football Tournament:** Friday-Sunday, October 31-November 2

## Frequently Asked Questions

### **Who can play intramural sports?**

Any Notre Dame Student, Staff or Faculty member may play. Under-Graduate Students are eligible for Interhall, CoRec and All Campus leagues. Graduate students, Faculty and Staff members are eligible for Graduate/Faculty/Staff, CoRec and All Campus leagues.

### **How do I sign up for an intramural team?**

Intramurals sports registration takes a few easy steps. Follow [these steps](#) to register:

1. Go to [www.recsports.nd.edu](http://www.recsports.nd.edu)
2. Click on the Rec Register Icon then Intramural Sports
3. Log-In with ND Net ID and password
4. Click on Intramural Sports and IMLeagues
5. When Registration is open, create or join a team
6. Invite your friends and team mates to join your team
7. **Interhall Teams only: participants must have Rector Approval to play. Submit a completed Entry Form signed by the Rector in addition to registering your team with IMLeagues**

### **Can I still register in person?**

All participants will use [IMLeagues.com](http://IMLeagues.com) for the registration process.

### **How do I pay for Intramural Sports**

Payments are accepted online through [recregister.com](http://recregister.com) and at the front desk at Rolfs Sports Recreation Center. Accepted forms of payment are: cash, check made out to ND RecSports, credit card, FOAPAL and Hall Account Transfer. Payments will be accepted until closing time on the next Wednesday following registration.

### **When will registration take place?**

Intramural sports will hold several registration periods throughout the semester. On average, a registration period will open on a Monday about one to two weeks prior to the start of a season and close the end of the next day, Tuesday.

### **Can the captain of a team still sign up the entire team or does each individual person have to sign up?**

The captain creates the team. However, each team member must then create an [IMLeagues.com](http://IMLeagues.com) account and join that team. The captain then invites friends to join their team through the system. Each team member must appear on the roster by 3 p.m. the day of their game or by 3 p.m. on Friday for Sunday games to participate. Any individual who does not appear on the roster will be ineligible to participate. **For Interhall Teams, you must also have a signed Roster Addition Form to participate. Playing without a rector signed form will result in a forfeit for your team and disqualification from further participation in that sport's season.**

### **What if I don't have a full team of people to play with?**

You are able to register as a free agent for All Campus, CoRec and Grad/Fac/Staff leagues.

### **How much does it cost to play intramural sports?**

Cost varies by sport and by team, but the range is \$20-100 per team for most sports. There are some individual fees for Interhall Football equipment and Interhall Ice Hockey registration. Individual sports have fees ranging from \$5-10.

**What happens if the league I want to play in is full?**

A waitlist is available for sport leagues that fill up. Waitlisted team captains must attend the captains meeting to get an opportunity to play. Spots will come open if a team that registered fails to attend the captains meeting or fails to pay for their team.

**What happens if I register for a sport and change my mind? Can I get a refund?**

Once you register for a sport, you are making a commitment to enjoy fun and competition. The only way to be removed from the league and receive a refund is if your spot is filled by another team. If there is not another team to fill your spot, then you will not receive a refund. To apply for a refund, visit the RecSports office between 8am-5pm. Please bring your receipt.

**When are games played?**

Game days and times vary from sport to sport. Games are typically played Sunday through Thursday from 5:30-11 p.m. (some indoor sports such as sports at Compton and Loftus can go as late as 2 a.m.). Most sports play a three to five week session. Please check each sports' web page for exact times.

**How many teams can I play on?**

This varies by sport, but can be summed up as one team per league for the sport offered. You may play for 1 CoRec Team and 1 Single Gender Team per sport.

**How many people are on a team?**

The number of people on a team depends on the particular sport. In sand volleyball, for example, there are four people who play at a time. Conversely, for CoRec flag football, there are eight people who play at a time. Most teams are comprised of five to seven people who play at one time. You are permitted to have as many people as you would like on your roster.

**Do we have to provide our own equipment?**

This varies by sport. All pads are provided in tackle football. Player jerseys are provided for flag football, soccer, broomball and basketball. Helmets and sticks are provided in broomball and floor hockey. For ice hockey, we have two sets of goalie pads. For lacrosse, we have a dozen sets of helmets and sticks for men's lacrosse and enough goggles for all women's players. We provide bats for softball and helmets and catchers gear for baseball. However, you must have your own glove for baseball and softball.

**What do I need to bring to games?**

You need to show your NDID at each game to verify your identity. If you don't have your NDID, you can't play.

**What are the most popular intramural sports?**

CoRec & All Campus Indoor Soccer, CoRec Broomball, CoRec Curling and All Campus Floor Hockey are very popular. Register early for these sports to secure your spot because they fill up quickly.

## **THE RECSports COMMISSIONER**

You are the vital link between RecSports and the students you represent. RecSports will be contacting you regarding leagues, tournaments, fitness, educational opportunities, special events and various other kinds of information. Whatever you can do to help us “get the word out” and to furnish necessary information will allow us to be of real service. Our staff is ready to help you in any way we can to make our activities better, but also to assist you with in-hall athletic functions. “How-To” information is as near as your telephone or computer, as well as rules, equipment and even facilities when they are available. It is our goal to make available a wide variety of recreational programs and to offer them in an enjoyable and beneficial manner.

### **Making Sure Your Hall Is Represented In a Sport**

Communication is the #1 ingredient in the success of the RecSports program. The following are suggestions for getting people involved and creating a positive experience.

1. Post flyers and sign-up sheets for all events in high traffic locations.
2. Be available for questions/problems.
3. Know entry deadline and any special information for a particular sport.
4. Remind captains of captains' meetings.
5. Remind captains of insurance requirements.
6. Take down old flyers.
7. Check with captains periodically during season.
8. Contact RecSports regarding any problems.
9. Utilize RecSports e-mail address and website as resources

*Never guess about dates or rules!!! Check your RecSports literature, website, or call RecSports.*

## **SIGNING UP FOR INTRAMURALS – IMLEAGUES.COM**

### **Interhall Commissioners should:**

1. Check website, Athletic Commissioner’s Handbook or RecSports flyer for entry deadline, entry fee, special rules, type of tournament, etc.
2. Select captain or team representative to collect names of interested residents. Make sure the individual is available and willing to receive and relay information from RecSports to players.

### **Interhall Captains should:**

1. Go to [www.recsports.nd.edu](http://www.recsports.nd.edu)
2. Click on the Rec Register Icon then Intramural Sports
3. Log-In with ND Net ID and password
4. Click on Intramural Sports and IMLeagues
5. When Registration is open, create or join a team
6. Complete roster and present to rector to initial approving players and sign (if paying for entry) prior to entry deadline.
7. Submit entry fee with roster to the RSRC before the deadline (Wednesday after Registration Period).
8. Be present at captains' meeting.
9. Have copy of schedule and rules.
10. Know rules or where to get information - do not guess!
11. Keep players informed of schedule.
12. Contact the RecSports Intern regarding questions/problems.

## **PROGRAM REGISTRATION AND WAIVER POLICY**

Waivers are online now! They must be completed at the time of registration.

### **EMPLOYMENT OPPORTUNITIES**

**RecSports Supervisor** - Supervisors are employed and work 12-15 hours per week for on-site supervision of RecSports activities such as Intramurals and Special Events. Each Supervisor is assigned sports throughout the year and is responsible for administering (with staff assistance) these activities from sign-ups to completion. Weekend work is required.

**Intramural Office Assistants** - responsibilities include roster management, setting up score sheets, updating results and standings, and other projects around the office.

**RSRC & Rockne Front Desk Supervisor** - General responsibilities include supervising entry into the RSRC, checking out and receiving recreational equipment, supplies and towels, answering questions and laundering towels. Additional responsibilities include greeting visitors, verifying identification, answering the phone, providing information and performing general office/clerical duties as assigned.

**RSRC & Rockne Fitness Room Supervisor** - Responsible for monitoring activities and use of the Fitness Room. Enforces policies, assists guests and promotes safety.

**Intramural Game Officials** - Numerous opportunities exist throughout the year to officiate both undergraduate and graduate intramural activities. Experience is helpful but not required and pay scale varies with each sport. Training will be provided.

**Fitness Instructors** - Student instructors conduct classes in Aerobics, Aquacise and Flex & Tone. Teaching experience is helpful but not a requirement. Instructors are in charge of the music and class structure.

### **FACILITIES**

#### **Indoor**

**Rolfs Sports Recreation Center**- located across the street from the Joyce Center, Rolfs Sports Recreation Center is the home for the Office of Recreational Sports.

- **Track**- three lane suspended track (1/8 mi.) circles the gymnasium.
- **Courts**- space for basketball, volleyball, badminton and an enclosed rink for indoor soccer, floor hockey and in-line hockey
- **Fitness Room**- equipped with treadmills, steppers, bikes, strength machines and a free weight area.
- **Activity Rooms**- Two activity rooms located on the second level provide excellent spaces for dance, aerobics and martial arts programs.

**Joyce Center**- located east of the Notre Dame Football stadium and houses some RecSports activities, including organized and informal activities.

- **Basketball Courts** -five synthetic floor courts. Reservations may be taken.
- **Racquetball** - two courts located on first level of Arena. Reservations may be taken.
- **Squash** - two courts located on first level of Arena. Reservations may be taken.



- **Track** - ten lap track located in Fieldhouse on first level.
- **Boxing Room** - ring and workout space located on lower level of Fieldhouse. (Club Members Only)
- **Volleyball Courts** - five courts located on infield of Fieldhouse on first level. Reservations may be taken.

**Compton Family Ice Arena**- located directly south of the Purcell Pavilion at the Joyce Center at the intersection of Leahy Drive and Angela Boulevard.

**Rolfs Aquatic Center**- 50 meter pool with movable bulkheads located at east end of Joyce Center.

**Rockne Memorial Building**- located at the west end of campus, adjacent to the Notre Dame Golf Course and houses the Department of Physical Education, as well as facilities for recreational activities.

- **Basketball Courts** - two courts located in upper level.
- **Father Lange Weight Room** - completely equipped with free weights and selectorized machines. Located in upper level, and open under supervision.
- **Fitness Room** - equipped with cardio and selectorized weight equipment. Located on ground level.
- **Racquetball Courts** - eight courts, smaller than regulation size. Lower Level.
- **Squash Courts** - four regulation courts located on ground level.
- **Swimming Pool**- 25 yard pool open daily for recreational swimming. Lower Level
- **Class Room**- used for Physical Education and RecSports instruction. Ground Floor
- **Room 205**- Used for clubs and other exercise groups. Upper Level
- **Climbing Wall**- Open under supervision only. Lower Level

**Eck Tennis Pavilion**- located at the east end of campus adjacent to the Courtney Outdoor Courts.

- **Tennis Courts** - Six indoor laykold courts.

**Loftus All Sports Center**- located east of the Rolfs Sports Recreation Center and north of the Courtney Tennis Courts. Available for formal and informal recreational activities.

- **Football Field** - Used for indoor football, soccer and ultimate Frisbee as well as sports clubs practices.
- **Track** - Mondo track for jogging and competition.

**Issue Rooms** - The Rolfs Sports Recreation Center, Rockne Memorial and the Rolfs Aquatic Center issue towels, balls and other equipment used for recreational activities. An ID is required for issue privileges.

**Locker rooms**- located at the RSRC, the Joyce Center and the Rockne Memorial. Day lockers only at RSRC. Lockers may be rented annually in the Joyce Center and the Rockne Memorial for a nominal charge.

### **Outdoor Facilities**

- **Riehle Playing Fields** - five fields (2 with lights) for soccer, football, Field Hockey and ultimate Frisbee. They are located directly north and east of Stepan Center.
- **Riehle Field Lights** - Light switches are located on the North West light poles for each field. They may be reset at any time to last for an additional two hours up until 12am.
- **Riehle Volleyball** - Three courts on east side of Stepan Center. Courts have lights for nighttime play.
- **Riehle Horseshoes**-Two courts East of Stepan Center, both with lights for night play.
- **Stinson Rugby Field** – Only to be used by RecSports programming.
- **West Quad**-These fields are available for soccer and football.
- **Courtney Tennis Courts** - twelve outdoor laykold tennis courts open throughout the year, as weather permits. Located northeast of the Joyce Center.
- **Outdoor Basketball Courts** - numerous courts are available for play at Stepan Center, Lyons Hall, and West Quad.

- **Notre Dame Golf Course** - 9-hole course located adjacent to the Rockne Memorial Building. Minimal fee is charged, open as weather permits.
- **The Warren Golf Course**- open on the northeast of Douglas and Juniper - 18-hole course with pro shop.
- **St. Joseph's Lake** - beach open, as weather permits, for swimming and sunbathing and is the site of the Sailing Club practices. Beach is located at east end of the lake.

## **FACILITY RESERVATIONS**

For your convenience, some facilities can be reserved in advance. Contact the appropriate facility to determine availability of area and to submit necessary information. Failure to be at the facility at the assigned time results in forfeiture of the reservation.

- **Rolfs Sports Recreation Center**- Normally reservations will not be accepted for any area except, if there is availability, court 1. Call 631-5960
- **Joyce Center Racquetball and Squash Courts**- Reserve one week in advance. Call 631-5267
- **Rockne Racquetball Courts**- No reservations
- **Joyce Center Gyms/Courts**- May be reserved by organized leagues and teams by noon Thursday for the following week at 631-6192
- **Eck Tennis Pavilion**- May be reserved by students faculty & staff no more than 48 hours in advance at 1-6929.
- **Loftus Sports Center**- May be reserved by organized groups at least 24 hours in advance at 631-6192.
- **Rolfs Aquatic Center**- May be reserved by groups, fee charged. Call 631-5983.
- **Riehle Fields**- May be reserved by organized groups depending on availability at 631-6192. Team practices are first come, first served- No reservations.
- **Stepan Center**- May be reserved by organized groups at 631-7308.

When making a reservation, please be ready to present the following information:

- Name, address and telephone numbers
- Specific facility requested and equipment needs, if any.
- Exact starting and ending time and date of requested reservation

## **ALL INTERHALL RECSPORTS CHAMPIONS POINT SYSTEM**

**Purpose:** To foster friendly competition between halls as they compete in an accumulation of points to determine the Kelly and O'Leary Cup Winners. RecSports is interested in feedback regarding this ongoing program.

### **I. Eligibility**

A. Interhall teams are limited to current residents or off-campus students that meet Interhall eligibility requirements. While off-campus teams may compete in Interhall leagues and events, they will not be considered in the quest for the Kelly and O'Leary Cup.

B. Halls that are approved to combine with other halls in certain events will only receive a percentage of the points the combined team accumulates. For example, if Hall A has half of the team members on a roster and Hall B and Hall C each have a fourth. Hall A would receive 50% of the points earned by the team and Halls B and C would each receive 25%.

C. Regardless of the number of teams entered by a particular hall, only one team in each division will be eligible to accumulate points. Any or all teams from a hall will receive deductions, however. The team that finishes highest in the playoffs will be the team that will accumulate the points.

D. When A & B leagues are offered, a “B” league will only offer half as many points as an “A” league. Deductions will remain at the same level for all leagues.

E. Only two teams or individuals per hall may represent that hall in any individual or dual event for positive points, regardless of the number of levels or divisions offered. Any number of players may enter, but only two will earn points. All individuals or teams will still receive applicable deductions.

## II. Awards

A. A traveling cup for men and another for women will be awarded to the Kelly and O’Leary Cup. The cups will remain with the respective champions until the next Dinner of Champions.

B. A plaque recognizing past and present champions will be displayed in the Rolfs Sports Recreation Center.

## III. Point System

### A. Entry points

1. Entering a qualifying Interhall team "A" level event 100 pts.
2. Entering a qualifying Interhall team "B" level event 50 pts.
3. Entering a qualifying Interhall individual or dual event 25 pts.

### B. Final Standings points

1. Team leagues (B Leagues receive half the listed points)
  - 1st place 300 points
  - 2nd place 200 points
  - 3rd & 4th place 100 points.
2. Individual and dual events
  - 1st place 75 points
  - 2nd place 50 points
  - 3rd & 4th place 25 points

### C. Championship Bonus

1. In team sports only, a hall may receive a bonus for winning the number of championships listed below:
  - 2 Championships= 50 Point bonus
  - 3 Championships= 100 Point bonus
  - 4 Championships= 200 Point Bonus
  - 5 or more Championships= 400 Point Bonus

### D. Special Events

1. Teams may get 10 points per person up to 100 points for the Biathlon and the Domer Run.

### E. Deductions

1. Forfeits-
  - i. In team events will receive a (-25) point deduction for the first forfeit and will receive no points for a sport after a second forfeit.
  - ii. In dual or individual events will receive a (-10) point deduction for the first forfeit and will receive no points for a sport after a second forfeit.
2. Defaults-
  - i. If the intramural Intern is notified by 3pm the day of the game or noon for a weekend event it will be considered a “default” and will carry no deduction.
3. Ejections- Each ejected player will result in a (-25) point deduction for his/her team.
4. Team Responsibilities- Each team will receive a (-10) point deduction for failing to fulfill team responsibilities. Examples are, but not limited to failure to have a representative at the captains meeting and failure to have a representative at the Athletic Commissioners meeting.
5. Extraordinary acts of poor sporting behavior-this type of behavior may result in additional point deductions as determined by the Director or Assistant Director.

### F. Qualifying Sports

- IH Tug of War
- IH Baseball (M) Team
- IH Basketball (M/W) Team
- IH Bowling (M/W) Team

IH Cross Country (M/W) Team  
IH Dodgeball (M/W) Team  
IH Flag Football (W) Team  
IH Football (M) Team  
IH Golf Scramble (M/W) Team  
IH Ice Hockey (M) Team  
IH Lacrosse (M/W) Team  
IH Racquetball (M/W) Team  
IH Racquetball Singles (M/W) Individual  
IH Sand Volleyball (M/W) Team  
IH Soccer (M/W) Team  
IH Table Tennis (M/W) Doubles  
IH Team Tennis (M/W) Team

**O'Leary Cup Winner 2013-2014**

**Morrissey Manor**

**Kelly Cup Winner 2013-2014**

**McGlenn Hall**

# **PARTICIPANT POLICIES**

## **Eligibility:**

1. To play in all intramural sports, participants must have a valid Notre Dame ID.
2. St. Mary's and Holy Cross students are NOT eligible
3. Spouses of Notre Dame Students, faculty, and staff are NOT eligible.
4. Anyone who presents an ID that does not belong to them will be reported to student services and the ID will be confiscated.
5. The participant must be registered with IMLeagues

## **Interhall (IH)**

1. Full-time Notre Dame undergraduate students are permitted to participate except as indicated in this text.
2. A player must compete for the hall in which he/she resides. Off-Campus students may compete, with rector approval, for their former team. Rosters must be approved by the Rector and indicate any members who are not hall residents.
3. If a member of team moves from one hall to another during the season, he/she may join the new hall team in that particular sport. He/she is permitted to finish the remainder of the season with the original hall but will not be eligible for future competition as a member of the original hall.
4. Hall residents may play for only one team per activity. For example, a player cannot compete for the hall's 'A' and 'B' teams.
5. Captains and athletic commissioners are responsible for the establishment of player eligibility on their rosters. If an ineligible player's name is found on a roster, the team will forfeit all games for that sport. In individual and dual competition, each person is responsible for his/her own eligibility.
6. Halls must submit a roster or list of entries for any sport prior to the entry deadline. Roster adjustments may be made throughout the regular season. However, rosters become final once the playoffs start
7. A student must have participated in at least one regular season game or event before he/she is eligible to compete in playoffs. (Exception: men's tackle football is two games)
8. Varsity athletes may participate in sports other than the one in which he/she has varsity status and any related sports. Varsity athletes should obtain their varsity coach's approval before participating in RecSports events.

## **Grad Students/Faculty/Staff (GFS)**

1. Notre Dame graduate students, faculty, and staff are eligible for participation in the "GFS" events.
2. Teams may be comprised of members from one or more departments.
3. Captains are responsible for the establishment of the player eligibility on their rosters. If an ineligible player's name is found on a roster, the team will forfeit all games for that sport. In individual and dual competition, each person is responsible for his/her own eligibility.
4. Team members may play for only one team per activity.

## **CoRec (CR)**

1. Any combination of ND students, faculty and staff or groups/departments may form a team.
2. Living unit or departmental restrictions do not apply.
3. Each sport will have gender roster limitations and special rules.
4. Team members may play for only one team per activity.

## **All Campus (AC)**

1. Any combination of ND students, faculty and staff or groups/departments may form a team.
2. Living unit or departmental restrictions do not apply.
3. Team members may play for only one team per activity

## **Eligibility Exceptions:**

1. Varsity athletes must wait one calendar year before becoming eligible to compete in the intramural sport they competed in at the varsity level or any sport equivalent to that sport.
2. Professional athletes must wait three calendar years before becoming eligible to compete in the intramural sport they competed in at the professional level or any sport equivalent to that sport.
3. For any intramural sport that is also a club sport, a maximum of two players from the club team can play on the same intramural team unless otherwise noted in the sport rules. This rule does not apply for Interhall rosters.

### **Equivalent sports:**

Baseball/Softball to Softball & Baseball & Whiffle Ball  
Football to Flag Football & Tackle Football  
Track to Cross Country  
Ice & Field Hockey to Floor Hockey & Ice Hockey  
Volleyball to Sand & Indoor Volleyball

## **Registration Information**

Captains may sign up for a league time at a first come first served basis online at [IMLeagues.com](http://IMLeagues.com) anytime during the registration period. Teams must pay by the following Wednesday at Rolfs Sports Recreation Center or online at [www.recregister.com](http://www.recregister.com)

The fee can be paid by credit card, check, cash, hall account or FOPAL number. Interhall teams must have a properly filled out Team Entry Form signed by their Rector at the time of payment on Wednesday. The intramural staff reserves the right to change any team name deemed inappropriate.

## **Refund Policy**

Once you register for a sport, you are making a commitment to enjoy fun and competition. The only way to be removed from the league and receive a refund is if your spot is filled by another team (or individual in singles play). If there is not another team to fill your spot, then you will not receive a refund.

To be refunded, please visit the RecSports Office (M-F, 8:30am-5pm) to fill out a refund request form. Please bring your receipt with you.

## **Captains Meeting & Waitlist Policy**

Attendance at the captains meeting is required. At some point during that captains meeting, attendance will be taken. Waitlisted teams may take the place of any team not represented at this time at the captains meetings. Waitlisted teams that get a spot in the league must be prepared to pay immediately following the captains meeting.

## **Captains' Responsibility**

The team captains are responsible for all of the following items:

- Signing up and arranging team payment
- Attending the captain's meeting and passing information to teammates
- Controlling the conduct of other players and team fans
- Checking team schedule and playoff schedule on the intramural sports website
- Ensuring the eligibility of all players
- Checking or reporting scores with RecSports supervisor

## **Roster Additions**

Additional players may be added to the roster at any point during the regular season. To play that night, players must be registered on imleagues by 3pm of the day of game or 3pm on Friday if the game is on Sunday. Players may not be added during playoffs.

\*\* For Interhall play, all additions must have a properly filled out Roster Addition Form that includes a rector's signature.  
\*\*

## **Waivers**

Each player must fill out a waiver online at IMLeagues in order to be eligible to play.

## **Check-In**

It is the responsibility of each player to find the supervisor working and check-in with them before playing in any intramural activity. Failure to check in with the supervisor and playing in any intramural activity may result in suspension from future intramural activity. A player needs their ND ID to check in at every game.

## **ND ID**

A player MUST show a valid ND ID to play in their first game for each intramural activity. After a participant is on the roster they will be allowed, **only one time per semester**, to use a license or passport to check into a game. This is to allow more players to compete in case of a lost ND ID. *This is only allowed once per semester because in guidance with duLac, students must carry their IDs on them at all times and the policy should be consistent with all participant.*

## **Participant Alcohol, Tobacco, and Drug Procedure**

Notre Dame Intramural Sports has a zero tolerance policy for alcohol, tobacco, or any other drug at intramural events on or off campus. Furthermore, RecSports staff reserves the right to remove participants or fans suspected to be under the influence of drugs or alcohol. The removal process may involve the assistance of authorities such as NDSP or member of The South Bend Police Department.

## **Forfeit Procedures**

### **Game time is forfeit time.**

The minimum number of players required to avoid a forfeit will vary from activity, however, the strict enforcement of the "game time is forfeit time" policy should be adhered to by all supervisors. Failure to follow this procedure will result in inconsistent policy enforcement which could be potentially upsetting to participants.

**All players present must be signed in even when there is a forfeit. This ensures that all players have filled out a waiver before playoffs.**

## **Default Procedures**

Teams may default a game by calling and reporting not being able to play to the Intramural Intern at 631-3536, by 3:00pm the day of their game or 12:00pm on the day of game for weekend events. Defaults result in a loss, but not a forfeit. Each team is allowed one (1) default per season. Should a team forfeit twice in a season, they will be removed from the league and will receive no participation points for Interhall leagues. Forfeits in Interhall leagues will result in loss in participation points.

## **Protest Procedure**

**Individuals who wish to file a protest must do so at the time of the incident in question.**

Failure to follow this procedure will result in the protest not being upheld. Judgment calls are not subject to protest. The protesting team must notify the official to suspend play and request that a supervisor be brought to the field/court to make a ruling prior to the continuation of play. If the supervisor at the site is unable to make a ruling at that time or if the team captain disagrees with the supervisor's ruling they must immediately inform the supervisor that the contest is being played under protest and the contest shall be continued. The supervisor will then document the contest facts and file a report with the Assistant Director. The team captain must contact the intramural sports office by noon of the next business day in order to file a formal protest and to discuss the matter with the Assistant Director. The Intramural Sports staff encourages teams to protest if they think an opponent is playing with an ineligible player. The Department of Recreational Sports reserves the right to investigate the eligibility of teams and players. These investigations may result in suspension, forfeiture, and/or probation.

## **Coaches**

Coaches are not a recognized part of an intramural sports team. They are held to the same standards as a fan. A penalty on a coach or any other fan will be counted toward the team captain or the designated captain for the game. RecSports reserves the right to remove any coach.

## **Participant Code of Conduct**

Intramural participants are expected to know and follow all intramural rules and policies. Participants must also respect intramural staff and follow instructions given to them by the staff. Foul language, taunting, or any other unsportsmanlike behavior will not be tolerated.

Any participant who receives a conduct technical foul, conduct yellow card, or unsportsmanlike penalty must leave the field of play to fill out an Incident Report with RecSports staff. Any participant who is ejected from a game must meet with the Assistant Director of Intramural Sports before becoming eligible to play any intramural sport again. Any game suspensions assessed to players will only count for games their team plays. Forfeited or defaulted games by the suspended player's team will not count.

## **Fan Code of Conduct**

Intramural fans are expected to be at our programming events to cheer on their own team only. Any fan yelling, gesturing, or any other act in a negative manner toward opposing teams, players, fans, or RecSports staff will be removed from the event. RecSports reserves the right to remove any fan. Any battery or electric noisemakers are not permitted at RecSports events.

## **Playoff Qualification and Seeding**

Playoffs qualification will be determined in the following order unless stated otherwise in sport rules.

1. Head to Head competition
2. Forfeits
3. Points allowed
4. Points scored
5. Coin toss

If a 3-way tie in division play occurs the tiebreaker for who proceeds into the play is the same as listed above. Once one



team has been eliminated the tiebreaker goes back to a two team tiebreaker

Playoff seeding is done in order by division winner, division runner up and wildcard using record, points allowed and points scored.

## **Equipment**

Shirts must be worn for all intramural sports. Any participant using a RecSports jersey must wear a shirt under it. Jewelry is not allowed in any sport. Metal cleats are illegal in every sport with the exception of Interhall tackle football and baseball leagues. Each sport may have specific equipment rules. It is each participant's responsibility to be aware of the equipment requirements of the sports they participate in.

## **Jerseys**

All participants are required to wear jersey's with a different number than teammates for all sports listed below. RecSports will provide jersey's for teams. If teams have their own jersey's they will need to have permanent numbers on their jerseys. Tape will not be allowed to mark numbers. Number must be at least 4 inches. *This is to allow our officials and supervisors to quickly identify a troublesome participant if they refuse to give their name. It is especially important to make sure everyone is signed in and their number written next to their name!*

Sports Requiring Numbers: 4 vs. 4 Flag Football, CR Flag Football, AC Flag Football, Tackle Football, Broomball, Basketball, Ice Hockey, Floor Hockey, CoRec Soccer, Indoor Soccer, Soccer, and Lacrosse.

## **Blood**

Any participant who is bleeding, has blood on their clothing, or has any other bodily fluid, such as vomit, on their clothing must leave the game. Players may return once bodily fluid has been treated.

## **Inclement Weather**

During inclement the intramural sports staff will make the decision to either play or not to play based on the safety risks and field conditions. RecSports staff will contact captains if cancellations occur and games will be rescheduled if possible. Decisions will not be made until one hour prior to the first scheduled game or contest.

Air Horn: If an air horn is blown twice by a RecSports staff member participants should clear the outdoor facility and seek shelter. RecSports staff members will direct participants to the closest shelter depending on the site.

## **Omission**

In any situation the RecSports staff reserves the right to use their best judgment to decide what is safe and in the best interest of the University of Notre Dame Intramural Sports Program and its participants.

